

The William Friday Teachers Retreat
Carolina Voices: Exploring the Tar Heel State through History, Culture & Rejuvenation

July 27 – 29, 2021

The Colonial Inn | Downtown Hillsborough

Hosted in honor of Jeanne Hopkins Lucas

Generously sponsored by the [North Caroliniana Society](#)

Tuesday July 27

11:45 – 12:30 Lunch & Registration

Enjoy lunch, meet your colleagues who you will be spending the next three days with, and know that with every bite, we are here to celebrate YOU!

12:30 – 1:00 Welcome & Introductions

Christie Norris, [Carolina K-12](#)

1:00 – 2:30 Reframing and Reclaiming Your Classrooms

Mike Wiley, [Mike Wiley Productions](#)

After a year like no other for most students and teachers alike, how can we reconnect, reframe and reclaim our classrooms, whether in terms of our relationships with students or in terms of our own passion for the profession itself and the subject areas we teach? Acclaimed actor and playwright Mike Wiley will lead us in considering how simple performative techniques can both build classroom community and breathe life into history, ELA and other humanities courses. Along the way, you just might find yourself re-energized as well!

2:30 – 2:45 Break

2:45 – 3:50 Stealing a Little Freedom

Dr. Freddie Parker | Professor Emeritus of History, NCCU | Author of [Running for Freedom: Slave Runaways in NC](#) & [Stealing a Little Freedom: Advertisements for Slave Runaways in NC](#)

Students often have the misconception that those enslaved were passive beings who accepted all that was dealt to them, from harsh punishment to cruel restrictions. In this session, Dr. Parker will discuss the various ways enslaved people in North Carolina, through their own agency, sought their freedom.

❖ See Carolina K-12's accompanying lessons on freedom seeking in North Carolina and beyond [here](#).

3:50 – 4:00 Break

- 4:00 – 5:00 **From Slavery to Civil Rights, an Aural History Tour**
[Mary D. Williams](#) | Performer & Adjunct Professor, Duke Center for Documentary Studies
- A combination of spirituals, protest songs, and inspiring gospel, this performance will take you on an aural history tour from the time of slavery through the Civil Rights Movement. (Listen to Mrs. Williams on [NPR](#) or read about her work in this [Walter Magazine](#) feature.) Teachers will receive a free copy of Mrs. William’s CD, [Blood Done Sign My Name](#), for use in the classroom!
- ❖ See Carolina K-12’s accompanying lesson plan, [Freedom Music: From Spirituals to Protest Songs](#), as well as our lessons on [slavery](#) and [civil rights](#) available in our database.
- 5:00 – 5:20 Reflections
- 5:20 – 6:25 Room Check In & Break
- 6:30 – 8:30 **Teacher Appreciation Dinner at [Antonia’s Hillsborough](#)**
- It has been a challenging year for many, especially K-12 teachers. Tonight is about enjoying great food and great company, as we celebrate each of you for all your hard work this past year, and always.
- A Toast to Teachers – *Christie Norris, Carolina K-12*
 - A Welcome from the [North Caroliniana Society](#) – *Dr. Jim Clark*
 - Closing Remarks: Public Education and the Humanities, with Deep Appreciation from UNC-Chapel Hill – *Dr. Lloyd Kramer, [Carolina Public Humanities](#)*

Wednesday July 28

- 9:00 – 10:30 **Elevating Indigenous History in Your Classroom, Modeled Through the Local Occaneechi Band of the Saponi Nation**
Trevia (“Tree-va”) Woods, former teacher and founder of Many Trees Lifeway
- The [Occaneechi Band of the Saponi Nation](#) is a small indigenous community located primarily in the old settlement of Little Texas, Pleasant Grove Township, Alamance County, North Carolina. We will visit a local Occaneechi [replica palisade](#) as we learn about some of the deep and rich history of the area’s “First People.” Using this information, we will further explore how to more consistently integrate indigenous history and current events into your classes, with a focus on your own community’s indigenous people.
- 10:30 – 11:00 Break
- 11:00 – 12:15 **“Our Story is Told Through Our Plates”: Southern Foodways**
- While food is important for health and life, it is also intricately tied to history, culture and memory. Infact, diverse cultural combinations and people throughout history to present have served as the backbone for the South’s assorted cuisines. Food has also played a role in everything from protests to transformations throughout Southern history. This session will examine the richness of southern foodways, while also giving you the opportunity to leave with a little something for your very own plate.
- ❖ See Carolina K-12’s accompanying lesson plan on Southern foodways [here](#).
- 12:15 – 1:00 Lunch

1:00 – 2:15 **North Carolina's Hidden Voices**
Christie Norris, Director | Carolina K-12

Our state is rich with stories of ordinary North Carolinians doing extraordinary things, yet many of these important narratives are less known. In this session, we will elevate the voices of figures such as Abraham Galloway, Elizabeth Keckly, Ella May, Pauli Murray, and Robert Williams – to events such as the Lumbee Battle of Hayes Pond and the Hamlet chicken processing plant fire. To help you integrate our discussions back into your classroom, accompanying lesson plans for each highlighted person/event will be provided.

2:15 – 2:30 Break

2:30 – 4:00 **Studies in Southern Literature**
Margaret Bauer, East Carolina University | Rives Chair of Southern Literature in the Department of English, a Distinguished Professor of Harriot College of Arts and Science, & editor of the North Carolina Literary Review

American South is a geographical entity, an expanse of complicated history, a place in the imagination, and the homeland of diverse and distinct people and cultures. The American South is often shrouded in romance and myth, and its historical and modern-day realities are both intriguing and complex. Its literature is not different. In this session, Dr. Margaret Bauer will lead us in exploring literature from the South, highlighting some of the diverse voices that can compliment your courses.

Enjoy the Evening on Your Own!

Thursday July 29

9:30 – 10:30 **North Carolina's Regulator Movement**
Jeremiah DeGennaro | Historic Site Manager, [Alamance Battleground](#)

Extreme anger over government actions, fury over high taxes and embezzlement, and collusion between creditors and public officials – this might sound like an article out of today's Wall Street Journal, but in actuality, it is what led to a 1771 rebellion of Orange County farmers against royal Governor William Tryon and his militia. During a walking tour around town, we will learn about this escalating struggle that sent shockwaves through North Carolina and Colonial America, creating tensions that would reignite during the American War for Independence.

❖ See Carolina K-12's accompanying lesson plan [here](#).

10:30 – 11:00 Check Out & Break

11:00 – 12:15 **North Carolina's Textile and Labor History**
[Dr. David Zonderman](#), NC State University

The lives of North Carolina's textile and other industrial workers weren't easy. Even in good times, wages were low, hours long, and working conditions hazardous. In this session, we will examine the rich labor history of the South, including a look at the history of labor organizing and how it played out in events such as Gastonia's Loray Mill strike of 1929.

❖ See Carolina K-12's accompanying lesson plan [here](#).

12:15 – 1:00 Lunch

1:00 – 2:30 **Engaging Students in History & Literature with Quality Discussion**

[Dr. Brian Gibbs, UNC-Chapel Hill School of Education](#)

From history to current events, literature to art, discussion in the classroom can result in some of the most memorable teaching and learning moments – both good and bad. It can be monumental when students engage in critical thinking and respectful dialogue, but catastrophic when a discussion gets out of control and anger ensues. Dr. Gibbs will lead us in a modeled Socratic Seminar, an excellent format for engaging students in a safe and structured format for critical conversation, as well as lead us in a discussion to consider other ways to set students up for success before engaging in dialogue and deliberation.

2:30 – 2:45 Break

2:45 – 3:45 **Poetry Session – DESCRIPTION COMING SOON**

3:45 – 4:00 **Closing & Evaluations**

Thank you to the [North Caroliniana Society](#) for providing the funding for this event, for understanding that teachers need and deserve access to free and quality professional development opportunities, and for their ongoing appreciation of the crucial role North Carolina educators serve in our state.